

## Good Morning FMS!

- Today is **Wednesday, October 23rd, a Day 2** on your schedule.
- At this time, please stand for a moment of silence.

"I pledge allegiance to the Flag  
of the United States of America,  
and to the Republic for which it stands:  
one Nation under God,  
indivisible, with Liberty and Justice for all".

\*Today marks the beginning of **Red Ribbon Week**, the nation's oldest and largest drug prevention program, reaching millions of Americans during the last week of October every year. Red Ribbon week is a week dedicated to making mindful choices about how we treat others, and how we treat ourselves. This year's theme is: "Life is a Movie, Film Drug Free." This week we will be taking part in activities to remind us to make healthy choices and stay drug free!

\*Today's drug fact of the day: Alcohol is often not thought of as a drug, but is the #1 misused drug in the United States. Alcohol use slows down the body and mind. It impairs coordination, slows reaction time, and impairs vision, clear thinking, and judgment. Drinking heavily can cause alcohol poisoning or death.

**\*SAIS will be canceled Today, Wednesday October 23rd due to the Faculty Meeting.**

\*Student Council will be sponsoring the first dance on Friday, October 25th. It is from 6 to 7:30. Tickets are \$7 and will be sold during lunch periods. If you bring in seven pairs of new socks, you will receive a free dance ticket. You may dress up in costumes for this dance; no blow up costumes.

\*Peer to Peer members: please let Mrs. Bean know if you are going to the dance on Friday. Check google classroom for more details.

**\*WRITING CLUB IS CANCELED TODAY 10/23 due to the faculty meeting**

**\*Attention Fishing Club: You must have your parents sign up on the remind app by this Friday. The instructions are posted in google classroom and outside room 109.**

**\*The Voice will meet on October 29th from 2:30-3:30. We will be planning our events for the rest of the year and having some Halloween snacks. Sign up outside room 255. This is for 8th graders only. The Voice is a creative arts club—writers, musicians, photographers, poets, and artists are encouraged to join us.**

**\*Dungeons and Dragons will meet afterschool on Thursday October 24th in room 218 until 3:30.**

**\*Modified Winter Sports Registration is now open or coming soon for Winter Sports on FamilyID. If you are interested in trying out for: Wrestling, Girls and Boys Basketball, Cheer and Co-ed Swim. Please have your parents login to FamilyID and register.**

**\*HUNCH club will be starting in the next couple of weeks. Meetings after school will have project based challenges that NASA engineers & scientists face who are helping astronauts to live & work in space. Sign up outside Mr. Monaco's room, 142. All grades are welcome to join. For more info you can also go to [nasahunchacademy.com](https://nasahunchacademy.com) or reach out to Mr. Monaco.**

**\*The 8th Grade Football Team takes on cross town rival Hamburg TODAY October 23rd at 5:30pm at Frontier HS in their last game of the season. Be there to support the Falcons!**

**\*If you are interested in joining ski club there are still spaces available, but they are filling up fast. Please bring your check and form to Ms. Bone in the main office to secure your spot!**

**\*SAIS is held Monday-Thursday in the cafeteria from dismissal until 3:45. Please consider staying after if you need any extra help with classes or homework.**

**\*Attention Students: The TV's in the cafeteria during lunches also show the daily announcements! Be sure to keep an eye out for upcoming club meeting dates there as well.**

**\*All students staying for a later practice, please report outside the auditorium and wait for a teacher to pick you up.**

**\*At dismissal, all students need to get on their bus immediately. If you stop to talk to your friends and are not going straight to your bus, the bus will leave without you.**

**\*Attention 8th Graders: Please make sure you and your parents have reviewed the Behavior Agreement Form in the 8th grade google classroom. Completing this form is required for you to participate in exciting 8th grade events this year. Any questions about the 8th Grade Google Classroom or the form please contact Mrs. Bielecki in room 224.**

**\*Yearbooks are on sale! Order your yearbook using the link on the FMS webpage for \$40. Don't miss out on the memories! Order deadline is April 30, 2025.**

**\*Breakfast is served in the Cafeteria starting at 7:20 each morning.**

**\*Picture retake day is Thursday, November 7th.**

# RED RIBBON WEEK



**Wednesday 10/23**

**Wear Red Day**

**Take a Stand Against Drugs**

**Thursday 10/24**

**Favorite Movie Character**

**Life is a Movie, Film Drug Free**



**Friday 10/25**

**Jersey Day**

**Team Up Against Drugs**

**Monday 10/28**

**Pajama Day**

**Don't Let Drugs Ruin Your Dreams**



**Tuesday 10/29**

**Hawaiian Day**

**Lei Off Drugs**

**Wednesday 10/30**

**PINK OUT!**

Wear PINK for breast cancer awareness and to show you're drug free



**Thursday 10/31**

**Wear your Halloween costume**

**Say BOO to Drugs**