

Good Morning FMS!

- Today is **Wednesday, October 30th, a Day 1** on your schedule.
- At this time, please stand for a moment of silence.

**"I pledge allegiance to the Flag
of the United States of America,
and to the Republic for which it stands:
one Nation under God,
indivisible, with Liberty and Justice for all".**

***SAIS will be in the Library today afterschool.**

***Today's drug fact of the day: Did you know that most e-cigarettes contain nicotine which is highly addictive? Because the brain undergoes critical development in teen years, nicotine exposure during adolescence can be harmful to your developing brain.**

Congratulations to the following students who won the Red Ribbon Week Drawing for Tuesday's theme of Hawaiian Day:

Grade 6 - Audrey Cooper in homeroom 155

Grade 7 - Rylie Parry in homeroom 222

Grade 8 - Maggie Edwards in homeroom 252

Please be sure envelopes and tickets are returned to Room 208 before 3rd period to be put into today's drawing.

***There will be a student council meeting after school today October 30th, in the cafeteria. If you cannot get a ride at 3:15, you can take the bus at 3:45**

***Brain Games will meet today, October 30th after school in room 155. Hope to see you there!**

***Modified Winter Sports Registration now open! If you are interested in trying out for: Wrestling, Girls and Boys Basketball, Cheer and Co-ed Swim. Please have your parents login to FamilyID and register.**

***The first pickleball meeting will be on Wednesday November 6th from 2:30-3:30 in the small gym! Students can bring their own paddles if they would like. They will need to have a ride home at 3:30 or they will have to take the 3:45 bus home.**

***Attention all students who signed up for the Spanish Club! We will be having our first meeting of the year on Monday November 4th in room 222. The meeting will go from 2:20 - 3:40 pm. You can take the after school buses or arrange for pick up.**

HALLOWEEN COSTUME DRESS-UP GUIDELINES FOR OCTOBER 31st: No masks, No weapons, No blow ups, No political, alcohol, or drug reference, Makeup put on before you get to school. School dress code still applies for Halloween!

***Picture retake day is Thursday, November 7th.**

***Breakfast is served in the Cafeteria starting at 7:20 each morning.**

***SAIS is held Monday-Thursday in the cafeteria from dismissal until 3:45. Please consider staying after if you need any extra help with classes or homework.**

***Attention Students: The TV's in the cafeteria during lunches also show the daily announcements! Be sure to keep an eye out for upcoming club meeting dates there as well.**

***All students staying for a later practice, please report outside the auditorium and wait for a teacher to pick you up.**

***At dismissal, all students need to get on their bus immediately. If you stop to talk to your friends and are not going straight to your bus, the bus will leave without you.**

***Yearbooks are on sale! Order your yearbook using the link on the FMS webpage for \$40. Don't miss out on the memories! Order deadline is April 30, 2025.**

RED RIBBON WEEK



Wednesday 10/23
Wear Red Day
Take a Stand Against Drugs

Thursday 10/24
Favorite Movie Character
Life is a Movie, Film Drug Free



Friday 10/25
Jersey Day
Team Up Against Drugs

Monday 10/28
Pajama Day
Don't Let Drugs Ruin Your Dreams



Tuesday 10/29
Hawaiian Day
Lei Off Drugs

Wednesday 10/30
PINK OUT!

Wear PINK for breast cancer awareness and to show you're drug free



Thursday 10/31
Wear your Halloween costume
Say BOO to Drugs