

Frontier Central School District

Elementary Physical Education Modification Form

Student Name: _____

Date of program modification: From _____ To _____

All Students Registered in NYS schools are required by Educational Law to attend physical education courses. These courses are required to be adapted to meet individual student needs. This means that a student who is unable to participate in the entire program should have his/her activities modified to meet the individual needs.

Sport Skills and Development	Yes	No	Comments	Sport Skills Development	Yes	No	Comments
Loco-motor skills (running, skipping, galloping)				Dance/rhythmic Activities			
Chasing/Fleeing games (tag games)				Jump Rope			
Fitness Testing/Assessment				8ft Traverse wall			
Basketball Skills (Dribbling/ Shooting)				Gymnastics (balancing, rolling, tumbling.)			
Baseball Skills (Throwing/ Hitting Skill)				Cup/sport stacking			
Soccer Skills (Dribbling, passing, shooting)				Juggling (with scarfs)			
Hockey Skills (stickhandling, passing, shooting)				Juggling (Other)			
Football Skills (Throwing/ catching, kicking)				Yoga			
Volleyball Skills (hitting, setting, serving)				Frisbee			
Lacrosse Skills (Throwing/ catching)				Obstacle Course			
Racket/paddle sports				Snowshoeing			
Track & field Events							

NOTE – Below is a list of activities that will be taught in the physical education setting focused on skill development (NOT A GAME). For example, students during our basketball unit will learn the skills needed in the game of basketball (shooting and dribbling).

Note – Below is a list of activities where students will participate in a NON-CONTACT modified game AFTER learning the skills needed!

Modified games	Yes	No	Comment
Basketball			
Soccer			
Lacrosse			
Baseball/Kickball			
Volleyball			
Racket Sports			
Frisbee			
OTHER?			

Signature: _____ Date: _____

Address/Phone Number _____

Person to contact for more information: _____

Frontier High School Physical Education Modification Form

All students registered in NYS are required by Education Law to attend physical education courses. These courses are required to be adapted to meet individual student needs. This means that a student who is unable to participate in the entire program should have his/her activities modified to meet the individual needs. The following is a list of activities in the Physical Education program. Please make the activities that the student may or may not participate in.

Student Name _____ Diagnosis _____

Dates From: _____ To: _____

Physical Education Class

Activity	Allowed	Not Allowed	Notes
Nitro Ball (net sport)			
Badminton (net sport)			
Tennis (net sport)			
Pickleball (net sport)			
Volleyball (net sport)			
Table Tennis (net sport)			
Golf (individual sport)			
Archery (individual sport)			
Fitness Walking (individual sport)			
Swim (individual and team)			
Weight Room Activities (individual)			
Lacrosse (team sport)			
Ultimate Frisbee (team sport)			
Team Handball (team sport)			
Speedball (team sport)			
Soccer (team sport)			
Floor Hockey (team sport)			
Basketball (team sport)			
Touch Football (team sport)			
Picnic games (cornhole, can jam, etc)			

OVER

Frontier High School Physical Education Modification Form

Interscholastic Sports

Activity	Allowed	Not Allowed	Notes
Football			
Girls Flag Football			
Golf			
Cross Country			
Track			
Soccer			
Bowling			
Hockey			
Wrestling			
Swimming			
Basketball			
Softball			
Baseball			
Tennis			
Volleyball			
Cheerleading			
Lacrosse			

Medial provider:

Signature:

Date:

Print Name:

Address: